

## Manzanita Writers Press Hosts

### Two Writing Workshops by Authors

#### Antoinette May and Linda Abbott Trapp

Two writing workshops on Saturday Feb. 25 from 9 AM to 4:30

- **Antoinette May:** "Travel Writing" --- A workshop for column writers, fiction writers, and journalists, and more. 9 a.m. to Noon.
  - Limited to 10 participants. Reserve early.
  - All writing levels accepted
  - Participants are to bring a page of their own travel writing for review and polishing.



Antoinette May, author and Sierra Lode Star columnist

**After a successful career as a biography writer, Antoinette May turned to fiction with *Pilate's Wife*, a tale of the Roman Empire. The novel, published by William Morrow in November 2006 by William Morrow, has been translated into 18 languages. She is currently at work on a new novel.**

***The Sacred Well*, May's newest novel, a story centered on the Mayan ruins of *Chichen Itza*, published by HarperCollins, was selected as Best San Francisco novel of 2009.**

Antoinette's non-fiction includes the New York Times best seller, ***Adventures of a Psychic*, a biography of psychic *Sylvia Browne*. May's biography of clairvoyant *Sylvia Browne* spent 42 weeks on the *New York Times* best seller list.**

**A former newspaper editor, Antoinette writes a weekly column for the *San Francisco Chronicle*. She also writes a weekly dining column for the *Sierra Lode Star*. Her articles have appeared in *Cosmopolitan*, *Self*, *Country Living*, and *Ms.* magazines.**

**Antoinette was the 1997 recipient of *La Pluma de Plata*, an award conferred by the Mexican Government for the best travel article on their country.**

- **Linda Abbott Trapp: "Writing to Heal"** --- A workshop presenting memoir writing strategies. Linda Abbott Trapp, PhD 1:30 PM to 4:30 PM

Writing to Heal: Trauma is a certainty of life; healing isn't. However, there are a number of ways a person suffering from pain or loss can regain control and develop a purposeful, passionate life again. There is a great deal of evidence that writing can hasten the healing process. This course offers guidance in implementing a writing program for the express purpose of rediscovering hope, health and joy. The class is open to caregivers as well as those suffering trauma. The Instructor, Linda Abbott Trapp, is a former Dean of the California School of Professional Psychology and has had a counseling practice in several states and abroad.



Linda Abbott Trapp, Writer and Psychologist

- Limited to 20 participants
- All writing levels accepted

**Cost:** \$50.00 per individual workshop session, or \$85.00 for the full day, both workshops.  
Writers Unlimited members: \$40.00 per individual workshop session, or \$75.00 for the full day.  
Lunch on your own from noon to 1:30 --- light refreshments/snacks provided for afternoon and continental refreshments for the morning. Nearby restaurants are Murray Creek Kitchen and the Pickle Patch. There is a Subway, Chinese restaurant, and hot dog stand within walking distance, as well as a pizza restaurant, nearby.

**To reserve your space, send a check made out to Manzanita Writers Press/CCAC for the workshop/s desired to Manzanita, PO Box 632, San Andreas, CA 95249**

**Phone: Monika (209) 754-0577, or Linda (209) 736-0222 for more information ~ Email: [mrosemanza@jps.net](mailto:mrosemanza@jps.net)**